



JAIPURIAR SCHOOL
SENIOR SECONDARY CBSE SCHOOL
SECTOR - 18, OFF PALM BEACH ROAD, SANPADA, NAVI MUMBAI - 400705.
Email : office.navimumbai@jaipuriarschool.org | www.jaipuriarschool.org | Phone No.: 9029705430
AFFILIATION NO. 1130255 | (AFFILIATED TO CBSE, DELHI) | SCHOOL CODE : 30197

YEARLY SYLLABUS

SESSION: 2025-26

CLASS: 1

SUBJECT: PE

MONTH	NAME OF THE CHAPTERS
APRIL	Introduction about running Running stance Runner's posture
JUNE	Yoga asanas • Dhanurasa, Butterfly pose, Balasana, bhunjasana, vrukshasana, padmaasana, Trikonasana, shavasana, vajraasana
JULY	• Free hand exercises • Dumbbell drill
AUGUST	Recreational activities • Indoor games like carrom,
SEPTEMBER	• General warmup • Streaching exercise • Running drills
OCTOBER	Endurance workout • Drill - Shuttle run • Sprint race

NOVEMBER	Agility drill • Box jump • Tuck jumps • lateral jump
DECEMBER	drill Zig-zag race
JANUARY	Coordination activities • Jump the hurdles • Ladder jump • Line jump
FEBRUARY	Introduction of relay Relay race
MARCH	exam



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CLASS: 2

SUB: COMPUTER

MONTH	NAME OF THE CHAPTERS
APRIL	Ch-1 Know your computer
JUNE	Ch-2 Working with windows
JULY	Ch-3 Applications of a computer
AUGUST	Ch-4 The keyboard and the mouse
SEPTEMBER	Ch-5 Fun with paint
OCTOBER	Revision

NOVEMBER	Revision
DECEMBER	Revision
JANUARY	Ch-6 Introduction to MS Word 2010
February	Revision
MARCH	Exam



YEARLY SYLLABUS

SESSION: 2025-26

CLASS: 1

SUBJECT: ENGLISH

MONTH	NAME OF THE CHAPTERS
APRIL	Unit 1A - A Bit about myself Grammar : Ch.1 - The Alphabet Ch.2 - NAMING WORDS Ch.17 - Vocabulary
JUNE	Unit 1B - How I lost My Milk Teeth Grammar : Ch.3 - One and Many Ch.4 - He and She Ch.17 - Vocabulary
JULY	Unit 2A - A Bit about My Family Grammar : Ch.5 - Describing words Ch.6 - A, An, The GRAMMAR : Ch.7 - This, That, These, Those
AUGUST	Unit 2B - My Sister Grammar : Ch.19 - Sentence Completion Ch.20 - Sentence Making Ch.21 - Thank You Note
SEPTEMBER	Unit 3A - Helping Our Neighbours Ch.16 - Punctuation Unit 3B - Pets in the neighborhood

OCTOBER	Unit 4A - More about Planet Earth Grammar : Ch.8 - I, You, He, She, It Ch.9 - We, You, They Ch.22 - Invitation
NOVEMBER	Unit 4B - Little Seeds Grow Up Ch.10 - Doing Words Ch.23 - Picture Composition Ch.24 - Paragraph writing
DECEMBER	Unit 5A - Trouble at School Ch.11 - Is, Are, Am Ch.12 - Is, Are, Am + ing Ch.13 - Has, Have
JANUARY	Unit 5B - Playing Together Ch.14 - Position Words Ch.15 - Sentences Ch.18 - Reading comprehension
FEBRUARY	Revision Ch.25 - Listening Comprehension Ch.18 - Reading comprehension
MARCH	Revision



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CLASS: 1

SUBJECT: EVS

MONTH	NAME OF THE CHAPTERS
APRIL	1.About Myself 2.My Body
JUNE	3. Good Habits 4.Being Safe
JULY	5.My Family 6.My Neighborhood
AUGUST	7.My School 8. People Who Help Us 9.Festivals And Celebrations
SEPTEMBER	10. Plants Around Us 11.Animals Around Us
OCTOBER	12.Food We Eat 13.Houses We Live In

NOVEMBER	14. Clothes We Wear 15. Air
DECEMBER	16. Water 17. Means Of Transport
JANUARY	18. Communication 19. The Earth And The Sky
FEBRUARY	20. Weather
MARCH	Revision



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SESSION: 2025-26

CLASS: 1

SUBJECT: GYMNASTIC

MONTH	NAME OF THE CHAPTERS
APRIL	•Warm - Up Exercise •Front Roll •Pencil Roll •Work Out
JUNE	•All Basic Jumps up to down •All Basic Jumps on floor •Trampoline Training •Spring Board Training
JULY	<ul style="list-style-type: none">• Both Leg Hand stand• One one leg hopping practice• Spring Board Training• Trampoline training
AUGUST	<ul style="list-style-type: none">• Baby Cartwheel• Hand Stand Training• Trampoline Training• Spring Board Training
SEPTEMBER	<ul style="list-style-type: none">• One one leg Hand Stand Training• Back Bending Hold Training• Spring Board Training• Trampoline Training

<p style="text-align: center;">OCTOBER</p>	<ul style="list-style-type: none"> • Hand Stand Training On Floor • Hand Stand Hold • Trampoline Training • Spring Board Training
<p style="text-align: center;">NOVEMBER</p>	<ul style="list-style-type: none"> • All Jumps On Trampoline • All Jumps On Spring Board • Baby Cartwheel Up to Down • Strength Training
<p style="text-align: center;">DECEMBER</p>	<ul style="list-style-type: none"> • Cart wheel Up to Down • Spring Board Training • Trampoline Training • Strength Training
<p style="text-align: center;">JANUARY</p>	<ul style="list-style-type: none"> • Cart Wheel On Floor • Back Roll Training • Spring Board Training • Trampoline Training
<p style="text-align: center;">FEBRUARY</p>	<ul style="list-style-type: none"> • Cart Wheel On Floor • Trampoline Training • Spring Board Training • Strength Training
<p style="text-align: center;">MARCH</p>	<ul style="list-style-type: none"> • Back Bending Training • Spring Board Training • Trampoline Training • Strength Training



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SUBJECT: MATHS

MONTH	NAME OF THE CHAPTERS
APRIL	1. Numbers Upto 20 4.Shapes
JUNE	2. Addition Upto 20
JULY	3. Subtraction Uoto 20
AUGUST	4. Patterns
SEPTEMBER	5. Numbers Upto 100
OCTOBER	7 . Addition And Subtraction Upto 99

NOVEMBER	11. Money
DECEMBER	9. Measurement
JANUARY	8. Multiplication 10. Time
FEBRUARY	12. Data Handling
MARCH	Revision



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SUBJECT: PT

MONTH	NAME OF THE CHAPTERS
April	Warm Up Straight Dribbling Match Play
June	Yoga Padmasana,Anulomvilom Naukasana,Vrukshasana, Butterfly,Halasana,Sarvangasana, Hastondasana,Vajrasana, Balasana,Shavasana,Bhunjanasana Celebration Of Yoga Day
July	Chess Tactics Evaluation/ Analysis Strategy Opening/End Game
August	Fitness Drill Cardio Excercise Jumping Lower & Upper Body Excercise

September	Zig Zag Dribble Match Play Hight & Weight
October	Dtibbling With Partner Match Play
November	Warm Up Zig Zag Pass With Parner Match Play
December	Annual Sports Day Heats Game Practise
January	Warm Up Goal Shoots Throw In Match Play
February	Warm Up Run With Ball Hight & Weight
March	Warm Up Group Match